



AYSO Under 5 Program

Information Session

20 August 2011



AYSO Background



-
- Formed in 1964 with 9 teams in Southern California.
 - Today there are over 50,000 teams with almost 600,000 players in the US and abroad.



AYSO Program



- Vision
 - To provide world class youth soccer programs that **enrich children's lives.**
- National Web Site
 - www.soccer.org
- Local Web Site
 - www.ayso-cr.org
- Mission
 - To develop and delivery quality youth soccer programs, which promote **a fun, family environment** based on the AYSO philosophies.



AYSO Philosophies



- **Everyone Plays**
 - Our program's goal is for kids to play soccer so we mandate that every player on every team must play at least 50% of every game. It's no fun to spend the game on the bench...and that's no way to learn soccer!
- **Balanced Teams**
 - Each year we form new teams as evenly balanced as possible because it's more fun and a better learning experience when teams of similar ability play. It allows for each player to gain the experience of a wide variety of teammates of different skill levels.
- **Open Registration**
 - Our program is open to all children between 4 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing. There are no elimination tryouts and nobody gets cut.



AYSO Philosophies



- **Positive Coaching**

- Encouragement of player effort provides for greater enjoyment for the players and leads to better skilled and better motivated players. A coach can be one of the most influential people in a child's life, so AYSO requires they create a positive experience for every boy and girl.

- **Good Sportsmanship**

- We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.

- **Player Development**

- We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game.



On The Field



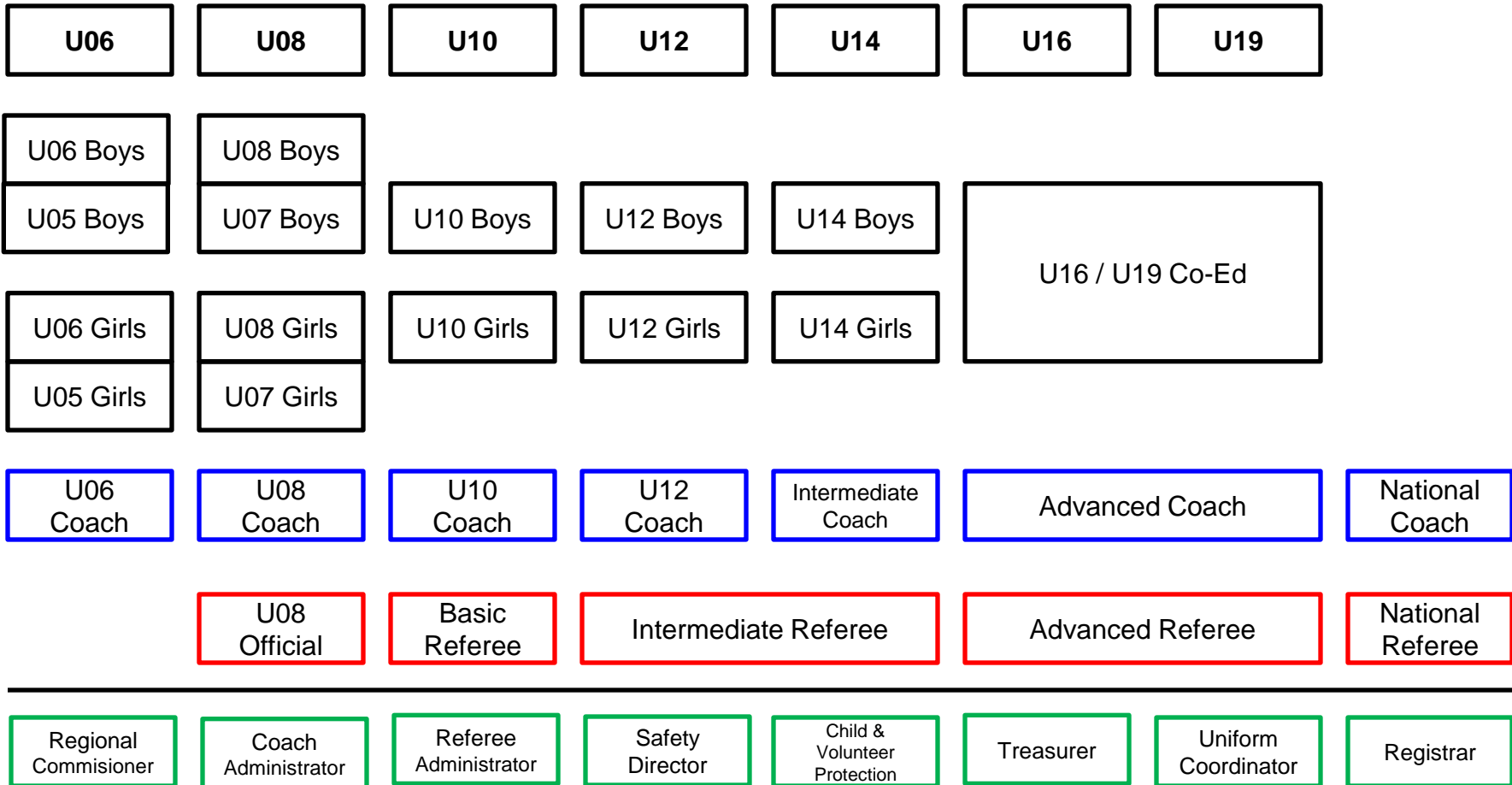
Division	Players	Duration	Field Size	Emphasis
U19	11 v 11	90 min.	75 yd x 120 yd	Tactical Development
U16	11 v 11	80 min.	75 yd x 120 yd	
U14	11 v 11	75 min.	75 yd x 120 yd	
U12	9 v 9	60 min.	50 yd x 100 yd	Technical Clean Up
U10	7 v 7	50 min.	40 yd x 80 yd	<u>Discovery</u> of Basic Principles
U07 & U08	5 v 5	40 min.	30 yd x 50 yd	
U05 & U06	3 v 3	20 min.	15 yd x 30 yd	



AYSO Training



East Central Iowa



AYSO offers the only soccer training program endorsed by the National Council for Accreditation of Coaching Education.

**AYSO Region 1112
East Central Iowa**

AYSO also has a reciprocity agreement with the United States Soccer Federation (USSF).



U05 Practices



- AYSO Master Coaches will organize a short (20 minute) practice prior to each game.
- Each player must bring with them an adult who will be their practice partner / coach for the day.
 - Some drills will be one on one with the adult, some drills will involve other players.



U05 Games



- U05 Play 3 v 3
 - Size 3 Ball
 - Four 5 minute quarters
 - No goal keepers
- Fouls & Misconduct
 - All kicks are DIRECT with opponents 5 yards back.
 - No offside.
 - No penalty kicks.
 - No heading.
 - Award Direct Free Kick to Opposing Team.
- Assistant Coaches / Adult Partners will coach / referee during the games.
- **Let Them Play!**
 - There will be very few, if any, reasons to stop a U05 game.
 - No stoppage for any “technical” errors.
 - Incorrect throw in form, incorrect goal kick, ...
 - Stop only for “significant” fouls, or injuries.
 - Ignore “trifling” fouls.



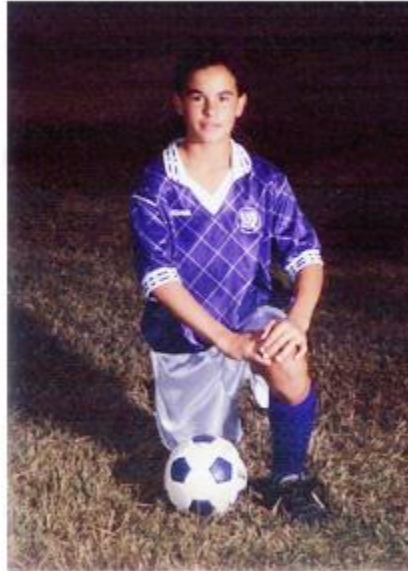
AYSO Approach



- Sig Schmidt
 - Head Coach of the MLS Seattle Sounders
 - AYSO Player in its inaugural year, 1964
- You don't want to over-coach, especially at the young ages. They'll figure it out.
- You want to create an environment where the kids are being active and they're enjoying themselves and they're having some fun.



Landon Donovan
US Men's National Soccer Team



- The beauty of AYSO was that you had kids from all walks of life who just wanted to be active and run around and play soccer. I started playing club soccer at the age of 10 but I wanted to continue playing AYSO because I enjoyed the camaraderie and the ability to just play for the love of playing. The games were still competitive but they never revolved around winning.



AYSO Alumni



**CONGRATS
ON A
JOB
WELL
DONE**



BY AYSO ALUMNI

SHANNON BOXX
ALEX MORGAN
CARLI LLOYD
AMY RODRIGUEZ
RACHEL BUEHLER

**AND THE REST OF THE U.S.
WOMEN'S NATIONAL TEAM**

AYSO Region 1112
East Central Iowa



The Bottom Line



- Its easy for the players
 - The only thing they have to remember is “don’t use your hands” and “kick the ball that way”.
- Its harder for the parents
 - We naturally want to compare them against the players we just saw in the 2011 Women’s World Cup.
 - But your child will have fun as long as we just “let them play”.



Soccer Gear



- Players
 - AYSO Provides
 - Shirt (AYSO Jersey)
 - Wear more clothing underneath the jersey if its cold.
 - Parents Provide
 - Shorts
 - Shin Guards
 - Mandatory
 - Shoes
 - Socks
 - Soccer Ball (Size 3)
 - Water Bottle
- Parents
 - No dress code, just be sure the adult partner is able to participate in drills and kick a soccer ball.
 - If you have to watch younger children as well make sure you have a plan on how you will do both at the same time.
- Not allowed for players:
 - Jewelry, earrings, etc.
 - Casts
 - Even if padded.

3239 C Avenue Ext., Marion, IA 52302

Tuma Soccer Complex AYSO Field Map Fall 2011

City Policy for Use of Fields:
No Pets Allowed
Smoking Only At Concessions

Field Size 15 x 30 = #'s 14, 15, 16, 17, 18
Field Size 30 x 50 = #'s 7, 8, 10, 11, 12, 13
Field Size 50 x 80 = #'s 19, 20, 21, 22
Field Size 50 x 90 = #'s 6, 9
Field Size 50 x 100 = #'s 1, 2, 3, 4, 5
Field Size 75 x 120 = #'s 23 - 32

C Avenue Extension

Gilmore Road

Field 1
U12

Field 5
U12

Field 9

Field 2
U12

Field 6

Field 3
U12

Field 7
U08

Field 4
U12

Field 8
U08

Rest Rooms Concessions Pavilion

Information Board



Maintenance Building

P Parking

P Parking

Field 10
U08

Field 13
U08

Field 11
U08

Field 14
U06

Field 15
U06

Field 16
U06

Field 12
U08

Field 17
U06

Field 18
U06

U05 uses U06 fields



Private Property

Service Road

Field 19
U10

Field 23

Field 25
U14

Field 27
U19

Field 29

Field 31

Field 20
U10

Field 21
U10

Field 22
U10

Field 24

Field 26
U14

Field 28
U19

Field 30
U19

Field 32

County Home Road



Game Schedules



- All U05 Sessions will be on Saturday mornings.
 - September 10, 17, (but not the 24th)
 - October 01, 08, 15, 22, 29
 - Girls will meet from 8:00 – 9:00 am
 - Boys will meet from 9:15 – 10:15 am
 - We will reverse these times in the Spring with boys meeting at 8:00.
- AYSO will cancel games via the web site (www.ayso-cr.org) if the weather is bad. Parents will not be called.
 - It will feel much colder on the field than it will in town, so dress appropriately.



Photo Schedules



- All U05 players can participate in an optional photo shoot on Saturday, TBD.
 - Please join us for the group photo even if you don't intend to order individual photos.
 - Please check the regional web site for a time and a rain out back up plan.



Why Take Photos?





Team Web Site



- Both the U05 girls and U05 boys teams will have a dedicated Shutterfly site where parents can post photos.
 - The site will also have the dates / times for all team meeting.
- Every email address associated with a U05 player in the database (www.eayso.org) will get an invitation to join the site.
 - Other U05 parents (but not the general public) will be able to see your email address. Please let us know if you do NOT wish to participate and we will remove your information.
 - If others wish to join the site (grandparents, friends, ...) you may share the link with them.



Game Day Snacks



- One thing all the players look forward to is a snack after the games.
 - We request a donation of \$20 for the year, or \$10 for either the Fall or Spring, to cover the cost of a snack and drink for each player at the end of every game.
 - Please let us know if your player has any food allergies, and we will do our best to make sure we can accommodate their needs.



Contact Info



- Our primary means of communication will be via email or the local AYSO web site.
 - u05boys@ayso-cr.org
 - u05girls@ayso-cr.org
 - www.ayso-cr.org
- U05 Program Coordinators
- Alan Tribble
 - AYSO National Coach
- Ron Smith
 - AYSO National Coach



Parent Helpers Needed



- Assistant Coaches
 - Will help keep things organized and flowing smoothly on game day.
 - Should register yourself as an AYSO volunteer; complete the Safe Haven training at a minimum.
 - U06 Coaching Clinic preferred.
 - Recommended for people who want to be their child's U06 coach next year.
- Team Parents
 - Snack Distribution
 - Manage Shutterfly Site
 - Help w/Registration



Before You Leave



- Make sure your email address / phone number is correct on the roster.
 - You will need to correct it in the database yourself if it is error, we don't have the authority to make those changes to your personal information.
- Pick up a photo order form and your child's uniform.