



ASYO Under 5 Program

Information Session
10 September 2009

This presentation may be downloaded from our web site: www.ayso-cr.org

**AYSO Region 1112
East Central Iowa**



AYSO Background



- Formed in 1964 with 9 teams in Southern California
- Today, there are over 50,000 teams and 650,000 players in the US, the US Virgin Islands, Trinidad & Tobago, and Moscow



AYSO Program



- Vision
 - To provide world class youth soccer programs that **enrich children's lives**
- Mission
 - To develop and deliver quality youth soccer programs, which promote a **fun, family environment** based on the AYSO philosophies



AYSO Philosophies



- **Everyone Plays**

- Our program's goal is for kids to play soccer so we mandate that every player on every team must play at least 50% of every game. It's no fun to spend the game on the bench...and that's no way to learn soccer!

- **Balanced Teams**

- Each year we form new teams as evenly balanced as possible because it's more fun and a better learning experience when teams of similar ability play. It allows for each player to gain the experience of a wide variety of teammates of different skill levels.

- **Open Registration**

- Our program is open to all children between 4 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing. There are no elimination try-outs and nobody gets cut.



AYSO Philosophies



- **Positive Coaching**
 - Encouragement of player effort provides for greater enjoyment for the players and leads to better-skilled and better-motivated players. A coach can be one of the most influential people in a child's life, so AYSO requires they create a positive experience for every boy and girl.
- **Good Sportsmanship**
 - We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.
- **Player Development**
 - We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game.



On The Field



U19	11 v 11	22.5 min. x 4	75 yd x 120 yd	
U16	11 v 11	20 min. x 4	75 yd x 120 yd	Tactical Development
U14	11 v 11	17.5 min. x 4	75 yd x 120 yd	
U12	9 v 9	15 min. x 4	50 yd x 100 yd	Technical Clean Up
U10	7 v 7	12.5 min x 4	40 yd x 80 yd	<u>Discovery of</u>
U08	5 v 5	10 min. x 4	30 yd x 50 yd	Basic Principles
U05 & U06	3 v 3	5 min. x 4	15 yd x 30 yd	

Division Players Game Duration Field Emphasis



AYSO Training



		Lower Divisions (Size 3 Ball)	Middle Divisions (Size 4 Ball)	Upper Divisions (Size 5 Ball)
Players	3 v 3	3 v 3	7 v 7	11 v 11
	U05 Boys U05 Girls 15 yd x 30 yd	U06 Boys U06 Girls 15 yd x 30 yd	U10 Boys U10 Girls 40 yd x 80 yd	U14 Boys U14 Girls 75 yd x 120 yd
Coaches	Annual Update Safe Haven	U06 Coach U08 Coach	U10 Coach U12 Coach	Intermediate Coach Advanced Coach National Coach
	Annual Update Safe Haven	U08 Official	Basic Referee Assistant Referee	Advanced Referee National Referee
Referees	Annual Update Safe Haven		Intermediate Referee	

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U05 Practices



- AYSO Coaches will organize a short (20 minute) practice prior to each game.
- Each player must bring with them an adult who will be their practice partner / coach for the day.
 - We will start with one on one drills with the adult, and move to drills with the other players



U05 Games



- U05 Play 3 v. 3
 - Size 3 Ball
 - Four 5 minute quarters
 - No Keepers
- Fouls & Misconduct
 - All kicks are DIRECT with opponents 5 yards back
 - No offside
 - No penalty kicks
 - No heading
 - Award Direct Kick to Opposing Team
- Adult partners will coach / referee during the games.
- Let them Play!
 - There will be very few, if any, reasons to stop a U05 game.
 - No stoppage for any “technical” errors
 - Incorrect throw in form, incorrect goal kick, etc.
 - Stop only for “significant” fouls, or injuries.
 - Ignore “trifling” fouls



AYSO Alumni Insight



- **John Ouellette**
 - AYSO National Coach
- Don't worry if practices for young children get a little chaotic.
- Soccer is the most unstructured structured game you'll ever play. It's a fluid and unpredictable game and some chaos actually helps them become better players.
- **Sig Schmidt**
 - Head Coach of the MLS Seattle Sounders
 - AYSO Player in its inaugural year, 1964
- You don't want to over-coach, especially at the young ages. They'll figure it out.
- ... you want to create an environment where the kids are being active and they're enjoying themselves and they're having some fun.



Soccer Gear



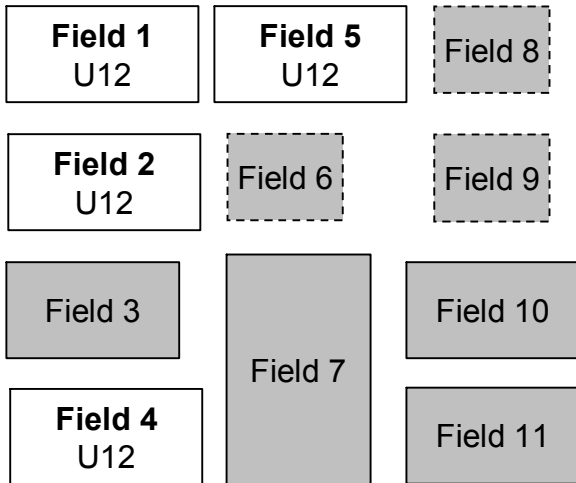
- **Players**
 - AYSO Provides
 - Shirt
 - The AYSO jersey
 - Wear more clothing underneath the jersey if its cold.
 - Parents Provide
 - Shorts
 - Shin Guards
 - Shoes
 - Socks
 - Size 3 Soccer Ball
 - Water Bottle
- **Parents**
 - No dress code, just be sure the adult partner is able to participate in the drills and able to kick a soccer ball.
- **Not allowed for players:**
 - Jewelry, earrings, etc.
 - Casts
 - Even if padded

3239 C Avenue Ext., Marion, IA 52302

Tuma Soccer Complex AYSO Field Map Fall 2009

City Policy for Use of Fields:
No Pets Allowed
Smoking Only At Concessions

Field Size 15 x 30 = #'s 16, 17, 18, 19, 20
Field Size 30 x 50 = #'s 12, 13, 14, 15, 29, 30
Field Size 40 x 55 = #'s 6, 8, 9
Field Size 50 x 80 = #'s 32, 33, 34, 35
Field Size 50 x 90 = #'s 3, 10, 11
Field Size 50 x 100 = #'s 1, 2, 4, 5
Field Size 75 x 120 = #'s 7, 21 - 28, 31



Rest Rooms **Concessions Pavilion**

Information Board

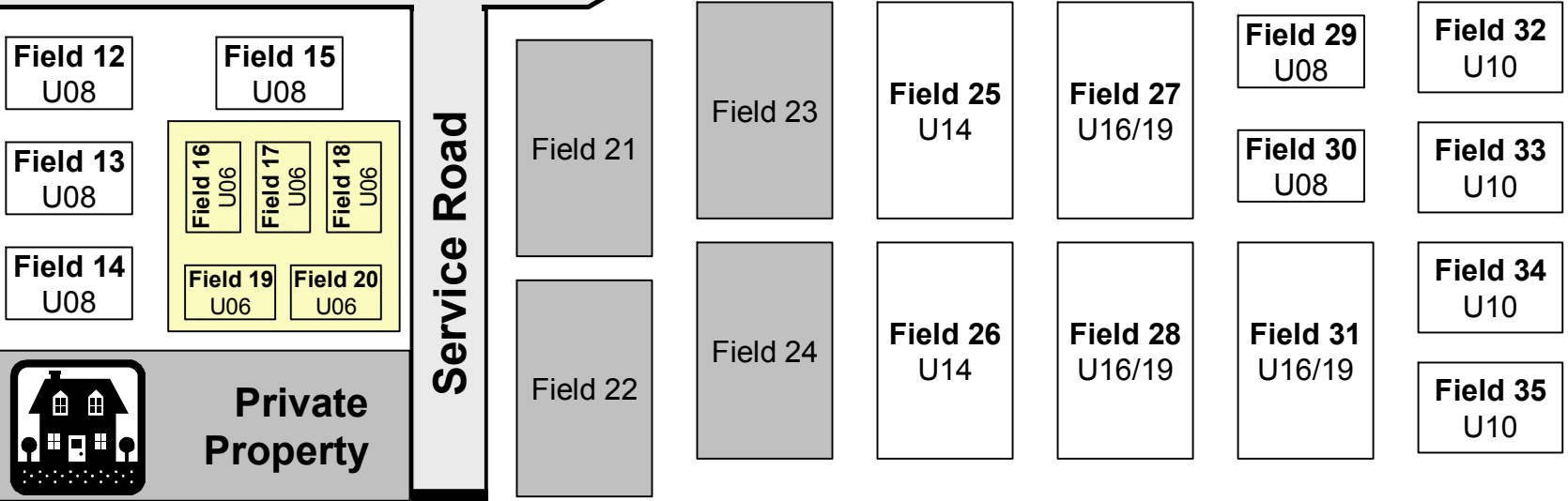


C Avenue Extension

Gilmore Road

P Parking

P Parking



Service Road

County Home Road



Game Schedules



- Games will be on Saturday mornings, on September 12 & 19 and October 03, 10, 17, 24, 31
 - Boys will meet 8:00 – 9:00 am
 - Girls will meet 9:15 – 10:15 am
- AYSO will cancel games via the web site if the weather is bad, parents will not be called.
 - It will feel much colder at the field than it will in town, so dress appropriately.
 - If you as a parent feel conditions are unfit, stay home and let your player sleep in.



Photo Schedules



- All U05 players can participate in an optional photo shoot, on Saturday, September 19th
- Boys
 - If games are on
 - 9:00 am, Field 22
 - Photographer 1
 - If raining
 - 12:00 pm, Sport Zone
 - 1100 N 18th Ave
 - Hiawatha
- Girls
 - If games are on
 - 8:24 am, Field 22
 - Photographer 1
 - If raining
 - 11:24 pm, Sport Zone
 - 1100 N 18th Ave
 - Hiawatha



U05 Coaches



- Alan Tribble
 - Email
 - alantribble@mchsi.com
- Ron Smith
 - Email
 - ronaldsmith0352@msn.com
- Our primary means of communication with parents will be via email or the local AYSO web site
 - www.ayso-cr.org



Before You Leave



- Make sure your email address / phone number is correct on the roster.
- Pick up a photo order form & your child's uniform.