



# ASYO Coaches Meeting

Spring Season Kickoff

7 March 2009

**This presentation can be found on our website later this afternoon!**

AYSO Region 1112  
Spring 2009 Coaches Meeting



# Spring Agenda



- Quick Overview of AYSO Program
- Our Region: Board
- Our Region: A Few Statistics
- Quick Discussion of Each Division
- Training Opportunities
- Other Opportunities: Playoffs, Tournaments, Soccer Camps, Trophies
- Game Schedules and Rescheduling
- Miscellaneous Items
- Question & Answer
- Uniform / Equipment Pick Up



# Overview of AYSO



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# AYSO Background



- Formed in 1964 with 9 teams in Southern California
- Today, AYSO has more than 50,000 teams and more than 650,000 players.
- Employs 50 people at its National Support and Training Center in Hawthorne, California.



# Vision & Mission



- AYSO Vision
  - To provide world class youth soccer programs that enrich children's lives
- AYSO Mission
  - To develop and deliver quality youth soccer programs, which promote a fun, family environment based on the AYSO philosophies





# AYSO Philosophies



- **Everyone Plays**
  - Our program’s goal is for kids to play soccer—so we mandate that every player on every team must play at least half of every game.
- **Balanced Teams**
  - Each year we form new teams as evenly balanced as possible—because it is fair and more fun when teams of equal ability play.
- **Open Registration**
  - Our program is open to all children between 4 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.
- **Positive Coaching**
  - Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and better-motivated players.
- **Good Sportsmanship**
  - We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.



# Region 1112 East Central Iowa



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# Local AYSO Board



Regional Commissioner	Henk Rook	commissioner@ayso-cr.org
Asst Regional Commissioner	-	asstcommissioner@ayso-cr.org
Coach Administrator	Todd Bell	coachadmin@ayso-cr.org
Asst Coach Administrator	-	asstcoachadmin@ayso-cr.org
Referee Administrator	Kim Preston	refereeadmin@ayso-cr.org
Asst Referee Administrator	Steve Burken	refereeadmin@ayso-cr.org
Child & Volunteer Protection Advocate	Tom Buonadonna	cvpadvocate@ayso-cr.org
Registrar	Deb Menken	registrar@ayso-cr.org
Safety Director	Kasey Bell	safetydirector@ayso-cr.org
Secretary	Brianne Mascher	secretary@ayso-cr.org
Scheduler	Henk Rook	scheduler@ayso-cr.org
Treasurer	Cindy Wilson	treasurer@ayso-cr.org
Uniform Coordinator	Michele Tiefel	uniforms@ayso-cr.org
Playoff Coordinator	Lisa Rodriguez	playoff@ayso-cr.org
Volunteer Recognition Coordinator	Amy Schellhorn	recognition@ayso-cr.org
Webmaster	Henk Rook	webmaster@ayso-cr.org

There's  
Room  
for  
You  
Too!

National Office  
[www.soccer.org](http://www.soccer.org)

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Local Region  
[www.ayso-cr.org](http://www.ayso-cr.org)  
(319) 377-1409



# Division Coordinators



- Division coordinators are there for you if you have questions or comments on a specific Division.

U05	Alan Tribble	<a href="mailto:u05@ayso-cr.org">u05@ayso-cr.org</a>
U06 Boys	Kristen Cook	<a href="mailto:u06boys@ayso-cr.org">u06boys@ayso-cr.org</a>
U06 Girls	Todd Bell	<a href="mailto:u06girls@ayso-cr.org">u06girls@ayso-cr.org</a>
U08 Boys	Dean Slyter	<a href="mailto:u08boys@ayso-cr.org">u08boys@ayso-cr.org</a>
U08 Girls	Doris Ackerman	<a href="mailto:u08girls@ayso-cr.org">u08girls@ayso-cr.org</a>
U10 Boys	Alan Tribble	<a href="mailto:u10boys@ayso-cr.org">u10boys@ayso-cr.org</a>
U10 Girls	Oscar Rodriguez	<a href="mailto:u10girls@ayso-cr.org">u10girls@ayso-cr.org</a>
U12 Boys	Ann Evans	<a href="mailto:u12boys@ayso-cr.org">u12boys@ayso-cr.org</a>
U12 Girls	Todd Bell	<a href="mailto:u12girls@ayso-cr.org">u12girls@ayso-cr.org</a>
U14 Boys	Lisa Rodriguez	<a href="mailto:u14boys@ayso-cr.org">u14boys@ayso-cr.org</a>
U14 Girls	Steve Engledow	<a href="mailto:u14girls@ayso-cr.org">u14girls@ayso-cr.org</a>
U16/U19 Coed	Alan Tribble	<a href="mailto:u19@ayso-cr.org">u19@ayso-cr.org</a>



# Player Counts



Player counts at the end of Fall 2008:

Division	Boys	Girls	Total
U05	27	41	68
U06	64	69	133
U08	148	168	316
U10	123	184	307
U12	132	120	252
U14	54	85	139
U19	29	28	57
Total	577	695	1,272

Player count at the start of Spring 2009: 1,348 (Spring 2008: 1,301)



*"We've got the best soccer team in the country: unbeaten and no goals scored against us!"*

*"How many games have you played?"*

*"The first one's next Saturday!"*





Win-Loss Records and Player Ratings  
have been entered for all U06, U08, U10,  
U12 and U14 teams.

**THANK YOU!**





# Player Statuses



Player Status	Fall '07	Fall '08
Played in Fall, and will return in Spring	1116	1085
Played in Fall, but will NOT return in Spring	11	21
Did not play in Fall, but will play in Spring	11	15
Did not practice or play with team at all	11	19
Quit before first game in the Fall	5	8
Quit during Fall season	5	3
<i>Not rated: U19 players</i>	57	57
<i>Not rated: U05 players</i>		64
	1216	1272



# Referee Coverage



Games refereed by somebody else than head coaches of the playing teams

Division	Games played Fall '08	Games with Referee Fall '08	%
U08B	81	8	9.9
U08G	92	17	18.5
U10B	67	19	28.4
U10G	100	19	19.0
U12B	52	24	46.2
U12G	46	19	41.3
U14B	13	3	23.1
U14G	22	10	45.5



# Referees Needed!



- Basic Referee Training on April 4<sup>th</sup>
- Team up with another coach. Take the course together and agree to referee each others games
- Encourage your parents to take the course
- Advertise referee course
- Course is FREE!





# A Reminder



- Practice

- What your players do on their own.

- Dribbling
- Shooting
- Trapping
- Etc.

- Training

- What your players do with other teammates.

- Passing / Receiving
- 1 v 1 skills
- 3 v 3 skills
- Etc.





# On The Field



Division	Players	Game Duration	Field	Emphasis
U19	11 v 11	22.5 min. x 4	75 yd x 120 yd	
U16	11 v 11	20 min. x 4	75 yd x 120 yd	Tactical Development
U14	11 v 11	17.5 min. x 4	75 yd x 120 yd	
U12	9 v 9	15 min. x 4	50 yd x 100 yd	Technical Clean Up
U10	7 v 7	12.5 min x 4	40 yd x 80 yd	
U08	5 v 5	10 min. x 4	30 yd x 50 yd	Discovery of Basic Principles
U06	3 v 3	5 min. x 4	15 yd x 30 yd	



# U06 & U08 Lessons Learned



- U06 Play 3 v. 3
  - Size 3 Ball
  - Four 5 minute quarters
  - No Keepers
- Fouls & Misconduct
  - All kicks are DIRECT with opponents 5 yards back
  - No offside
  - No penalty kicks
  - No heading
    - Award Direct Kick to Opposing Team
- U08 Play 5 v. 5
  - Size 3 Ball
  - Four 10 minute quarters
  - No Keepers
- Fouls & Misconduct
  - All kicks are DIRECT with opponents 6 yards back
  - No offside
    - Discourage cherry picking
  - No penalty kicks
  - No heading
    - Award Direct Kick to Opposing Team



# U10 & U12 Lessons Learned



- U10 Play 7 v. 7
  - Size 4 Ball
  - Four 12.5 minute quarters
- Fouls & Misconduct
  - No change from regular play
    - All FIFA Laws Apply
  - Offside is called
  - Penalty kicks may be awarded
  - No heading
    - Award INDIRECT Kick to Opposing Team
- U12 Play 9 v. 9
  - Size 4 Ball
  - Four 15 minute quarters
- Fouls & Misconduct
  - No change from regular play
    - All FIFA Laws Apply
  - Offside is called
  - Penalty kicks may be awarded
  - Heading is allowed



# U14 & U16-19 Lessons Learned



- U14
- Play 11 v. 11
  - Size 5 Ball
  - Four 17.5 minute quarters
- U16/19 Co-Ed
- Play 11 v. 11
  - Size 5 Ball
  - Four 20 minute quarters

**All FIFA Laws Apply**



# AYSO Training Available



		Lower Divisions (Size 3 Ball)		Middle Divisions (Size 4 Ball)		Upper Divisions (Size 5 Ball)							
		3 v 3		5 v 5		7 v 7		9 v 9		11 v 11			
<b>Players</b>		U06 Boys		U08 Boys		U10 Boys		U12 Boys		U14 Boys		U16 Boys	U19 Boys
		U06 Girls		U08 Girls		U10 Girls		U12 Girls		U14 Girls		U16 Girls	U19 Girls
		15 yd x 30 yd		30 yd x 50 yd		40 yd x 80 yd		50 yd x 100 yd		75 yd x 120 yd			
<b>Coaches</b>		Annual Update											
		Safe Haven		U06 Coach		U08 Coach		U10 Coach		U12 Coach		Intermediate Coach	
<b>Referees</b>		Annual Update				Basic Referee							
		Safe Haven		U08 Official		Assistant Referee		Intermediate Referee		Advanced Referee		National Referee	

All training is FREE!



# Coach Training



- U06, U08, U10 & U12 Clinics – April 4<sup>th</sup>
  - In Cedar Rapids if sufficient interest
  - Who is interested? Signup in Lobby.
- Intermediate Clinic
  - Probably not until Fall
- Interested in Advanced Clinics?
  - Ask Todd or Henk about possibilities



# Referee Training



- **Basic Referee Training**
  - April 4<sup>th</sup>, 8:00 – 5:00 am  
Faith Lutheran Church, Cedar Rapids
  - March 28<sup>th</sup> in Amana
- **Intermediate Referee Training**
  - April 4<sup>th</sup>, 8:00 – 5:00 am  
Faith Lutheran Church , Cedar Rapids
- **Sign up in Lobby if interested**



# Online Training



- AYSO training is available online at:
  - [www.aysotraining.org](http://www.aysotraining.org)
- Courses available include
  - Safe Haven for Referees
  - Safe Haven for Coaches
  - Basic Referee
  - U08 Coaches
  - U10 Coaches

Live class room is preferred  
over online training!



# Other Opportunities



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# Regional Playoffs



- Regional playoffs for U10, U12, and U14 divisions on June 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup>.
  - Games may take place on Friday, Saturday, and Sunday
  - All U10 – U14 teams will be automatically entered
    - If your team DOES NOT wish to participate let us know and we will try to arrange for one final regular season game on those dates, or
    - If you cannot field a full team, but have players that would like to participate, please notify the coach administrator.
  - Each team will be guaranteed a minimum of 3 games
  - Playoffs games will be included in game schedule that will be published early April.
- U06 & U08 games will continue as planned



# AYSO Tournaments



- Area Tournament
  - June 27 & 28
  - Dubuque, IA
  - U08, U10, U12, U14 (coed)
  
- Section 6 Tournament
  - June 27 & 28
  - Libertyville, IL (just north of Chicago)
  - U12, U14, U16/19 (coed)



# AYSO Tournaments

continued...



- **National Games**

- July 4 – 11, 2010

- West Palm Beach, FL

- Apply for the lottery by May 18, 2009!

- U10, U12, U14, U16, U19 (as of 8/1/2009)

- Coaches have to be trained & certified at age/skill level of their team

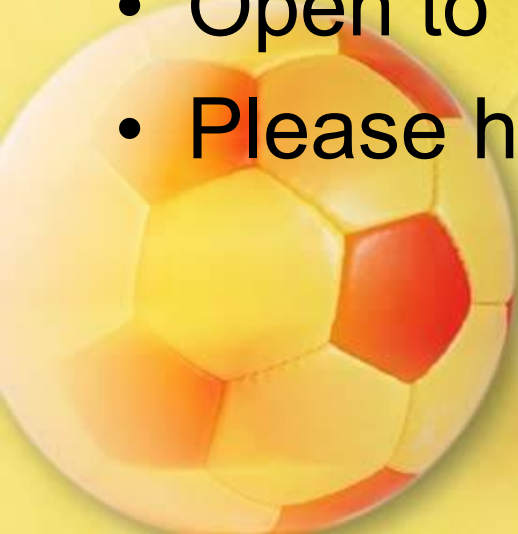




# AYSO Soccer Camps



- Our region will host two AYSO soccer camps this summer at Tuma
  - June 22<sup>nd</sup> – 26<sup>th</sup>
  - August 10<sup>th</sup> – 14<sup>th</sup>
- NEW: Advanced Training Camp
- Open to non-AYSO players as well
- Please help publicize camps to your team



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# AYSO Trophies/Medals



- Your team may order AYSO trophies or medallions if they choose to do so
  - This is optional and is not covered in registration fee
  - Please DO NOT distribute them out at Tuma as not every team will get them
- Check the AYSO Store at [www.aysostore.com](http://www.aysostore.com) for a complete listing of AYSO equipment available
  - Local vendors may also be able to help



# Game Calendar



- April 21, 23 and 24 (weeknight games)
- April 25
- May 2
- May 9
- May 16
- May 18, 19 and 21 (weeknight games)
- May 23 – No game (Memorial Day weekend)
- May 30
- June 6: Regular game for U6 and U8
- June 5, 6, 7: Playoffs for U10 – U14



# Game Schedules



- Game schedules will be published on [www.ayso-cr.org](http://www.ayso-cr.org) early April
- Schedules will include playoff games
- U06, U08, U10 Teams will be scheduled against teams with similar records
  - 9 teams were undefeated (Fall 2007: 14)
  - 6 teams lost all their games (Fall 2007: 14)





# Rescheduling Games



- If you have a personal conflict with one of your games
  - First, ask your parents if one of them wants to run the game in your absence. If not, then
  - Second, ask the opposing coach if they can reschedule to a mutually agreeable time. If so, then
  - Third, notify the scheduler of the date/time that you will not need a field, and of the date/time that you would like to reschedule to
    - The scheduler will reserve and confirm the field for you.



# Volunteers Needed!



- We appreciate your efforts as coach, but you are our best voice to the parents. Please let them know that we need to fill the following positions:
  - Division Coordinator(s)
  - Auditor
- As well as
  - Referee's, Coaches, Instructors, ...



# Fall 2009/Spring 2010



- Registration for Fall 2009/Spring 2010
  - May 9 & May 16
  - SPREAD THE WORD!
  - 20,000 flyers will be delivered to schools in Cedar Rapids, Marion, Mt. Vernon, Vinton, Anamosa, Springville and Alburnett
- Fall 2009 Coaches Meeting
  - August 15



# Regional Website



[www.ayso-cr.org](http://www.ayso-cr.org)

- Game Schedules
- Game Cancellations
- Soccer Camps
- Playoffs
- Calendar
- Email Addresses
- This presentation (on coaches page)



# Kansas City Wizards



Kansas City Wizards will be playing a double header against Minnesota Thunder at Prairie High School on March 14. Kickoff is at 5:30 PM.

Cost: \$30 (\$25 for group of 25 or more)





# Kansas City Wizards continued...



*"Human tunnel for the Walk of Champions"*

Players participating in "human tunnel" only pay \$20, family members pay \$20 as well.

Signup sheet in lobby. Pay by Thursday.

Contact: Todd Bell

[tacocr@mchsi.com](mailto:tacocr@mchsi.com)

Home: 393-2522; Cell: 389-4572





# Referee Academy



IOWA Referee Academy on March 14th  
9:00 AM - 5:00 PM at Prairie High School.

Cost for the Referee Academy is FREE, and  
a FREE lunch is provided as well.

See [www.iowareferees.org](http://www.iowareferees.org)





# Linn-Mar Soccer Clinics



## GIRLS

- Saturday April 4,  
1:00 - 5:00 PM
- Girls Grades 1st - 8<sup>th</sup>
- Linn-Mar Excelsior  
Middle School
- Registration deadline:  
March 13



## BOYS

- Sunday May 10,  
12:00 - 4:00 PM
- Boys Grades 1st - 6<sup>th</sup>
- Linn-Mar Excelsior  
Middle School
- Registration deadline:  
April 10



Registration forms on our website

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# Contents Package



- Updated Team Roster
  - With Player Registration Forms for New Players
- AYSO Soccer Camp Flyers
- All NEW coaches should also have
  - Fall Coaches Meeting Slides





# Revised Team Rosters



- Every team has a revised roster of players
  - You are covered by AYSO insurance only for those players on your roster
    - If any have dropped or are not listed let us know
- New player registration forms
  - Keep all forms with you when you are with your team
    - They allow you to seek medical care in an emergency



# New Players



- We are still receiving late-registrations
- Let your division coordinator know if you need more players or have room for additional players





# As You Leave



- Pick Up
  - Uniform(s)
    - New Players Having Uniforms Will be Listed on Your Roster
    - If You Can't Find a Player's Uniform Let Us Know Before You Leave Today
- Signup for Referee Course (in Lobby)
- Signup for Coaches Clinics (in Lobby)
- Pick Up flyers AYSO Soccer Camps (distribute to your players)



# Question & Answer



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# Door Prizes!



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