



ASYO Coaches Meeting

Spring Season Kickoff

15 March 2008

AYSO Region 1112
Spring 2008 Coaches Meeting



Contents



- In addition to this presentation each coach should have:
 - Updated Team Roster
 - With Player Registration Forms for New Players
- All NEW coaches should also have
 - Fall Coaches Meeting Slides



Revised Team Rosters



- Every team has a revised roster of players
 - You are covered by AYSO insurance only for those players on your roster
 - If any have dropped or are not listed let us know
- New player registration forms
 - Keep all forms with you when you are with your team
 - They allow you to seek medical care in an emergency

Be Sure to Pick Up Uniforms for Any New Players!



Fall Coaches Packet



- Welcome to AYSO
- AYSO Overview
 - AYSO Philosophy
 - Training Program
- Rules of Soccer
 - Five Minute Overview
 - Changes for 2007
- Administrative Items
- Conduct of Play
 - For All Divisions
- Break Into Division Specific Meetings
 - Division Specific Guidelines
- Uniform & Equipment Pick Up
 - Confirm Team Roster
 - Confirm Team Uniform List
- Review Additional Information On Your Own



Spring Agenda



- Quick Overview of AYSO Program
 - Some statistics about East Central Iowa
- Info Needed From Returning Coaches
- Latest Information
 - Section Meeting Update
 - Quick Discussion of Each Division
- Other Opportunities
 - Trophies
 - Tournaments
 - Soccer Camp
- Question & Answer

- Uniform / Equipment Pick Up



Overview of AYSO

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AYSO Background



- Formed in 1964 with 9 teams in Southern California
- Today, there are over 50,000 teams and 650,000 players in the US, the US Virgin Islands, Trinidad & Tobago, and Moscow



AYSO Program



- Vision
 - To provide world class youth soccer programs that enrich children's lives
- Mission
 - To develop and deliver quality youth soccer programs, which promote a fun, family environment based on the AYSO philosophies



AYSO Philosophies



- **Everyone Plays**
 - Our program's goal is for kids to play soccer—so we mandate that every player on every team must play at least half of every game.
- **Balanced Teams**
 - Each year we form new teams as evenly balanced as possible—because it is fair and more fun when teams of equal ability play.
- **Open Registration**
 - Our program is open to all children between 4-1/2 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.
- **Positive Coaching**
 - Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and better-motivated players.
- **Good Sportsmanship**
 - We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.



On The Field



U19	11 v 11	22.5 min. x 4	75 yd x 120 yd	
U16	11 v 11	20 min. x 4	75 yd x 120 yd	Tactical Development
U14	11 v 11	17.5 min. x 4	75 yd x 120 yd	
U12	9 v 9	15 min. x 4	50 yd x 100 yd	Technical Clean Up
U10	7 v 7	12.5 min x 4	40 yd x 80 yd	
U08	5 v 5	10 min. x 4	30 yd x 50 yd	Discovery of Basic Principles
U06	3 v 3	5 min. x 4	15 yd x 30 yd	

Division Players Game Duration Field Emphasis



AYSO Training Available



		Lower Divisions (Size 3 Ball)	Middle Divisions (Size 4 Ball)	Upper Divisions (Size 5 Ball)				
		3 v 3 U06 Boys U06 Girls 15 yd x 30 yd	5 v 5 U08 Boys U08 Girls 30 yd x 50 yd	7 v 7 U10 Boys U10 Girls 40 yd x 80 yd				
		9 v 9 U12 Boys U12 Girls 50 yd x 100 yd	11 v 11 U14 Boys U14 Girls 75 yd x 120 yd	U16 Boys U16 Girls U19 Boys U19 Girls				
Coaches	Annual Update	U06 Coach	U08 Coach	U10 Coach	U12 Coach	Intermediate Coach	Advanced Coach	National Coach
	Safe Haven							
Referees	Annual Update		U08 Official	Basic Referee	Intermediate Referee	Advanced Referee	National Referee	
	Safe Haven			Assistant Referee				

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Coach Training



- U06 & U08 Clinic – March 29th
 - In Cedar Rapids if sufficient interest
 - In Amana also
- U10 & U12 Clinic – April 05th
 - In Amana
 - Will offer in Cedar Rapids if sufficient interest
- Intermediate Clinic
 - To be confirmed
- Advanced Clinic
 - July 25th – 27th, Malta, IL
 - AYSO National Coach, John Ouellette



Other Training



- Referee Training
 - Will offer if sufficient interest
- Instructor Training
 - Required if you would like to help teach the coach or referee clinics
 - April 5th, 8:00 – 5:00 am, Faith Lutheran Church
- Please sign up if interested



Region 1112 East Central Iowa

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Section 6, Area E, Region 1112



Division	# of Teams	# of Players	# Players on Field	Ideal			
				# Players on Roster	Ideal # Teams	Ideal # Coaches	Ideal # Referees
U06B	20	104	3	5	20.8	42	-
U06G	17	90	3	5	18.0	36	-
U08B	18	150	5	7	21.4	43	21
U08G	26	196	5	7	28.0	56	28
U10B	15	153	7	9	17.0	34	26
U10G	16	158	7	9	17.6	35	26
U12B	9	108	9	12	9.0	18	14
U12G	8	110	9	12	9.2	18	14
U14B	4	71	11	15	4.7	9	9
U14G	4	70	11	15	4.7	9	9
U16/19	4	60	11	18	3.3	7	7
Total	141	1270			# Needed	307	154

Boys 625
Girls 662

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Thank You for Your Contribution!



Referee Coverage



Division	# of Teams	# of Games	# Games With Referee	% Covered
U06B	20	160	-	-
U06G	17	136	-	-
U08B	18	144	24	17%
U08G	26	208	32	15%
U10B	15	120	53	44%
U10G	16	128	45	35%
U12B	9	72	37	51%
U12G	8	64	34	53%
U14B	4	32	23	72%
U14G	4	32	24	75%
U16/19	4	32	32	100%



Points of Contact



Regional Commissioner Tom Buonadonna <i>commissioner@ayso-cr.org</i>	Asst Regional Commissioner Henk Rook <i>asstcommissioner@ayso-cr.org</i>
Referee Administrator Kim Preston <i>refereeadmin@ayso-cr.org</i>	Asst Referee Administrator Steve Burken <i>refereeadmin@ayso-cr.org</i>
Coach Administrator Alan Tribble <i>coachadmin@ayso-cr.org</i>	Asst Coach Administrator Todd Bell <i>asstcoachadmin@ayso-cr.org</i>

National Office
www.soccer.org

Local Region
www.ayso-cr.org
 (319) 377-1409

Division Coordinator's

U06 Boys OPEN	U08 Boys Dean Slyter <i>U08boys@ayso-cr.org</i>	U10 Boys OPEN	U12 Boys Ann Evans <i>U12boys@ayso-cr.org</i>	U14 Boys OPEN	U16/19 Co-Ed Deb Menken <i>U19@ayso-cr.org</i>
U06 Girls OPEN	U08 Girls Doris Ackerman <i>U08girls@ayso-cr.org</i>	U10 Girls OPEN	U12 Girls Doris Ackerman <i>U08girls@ayso-cr.org</i>	U14 Girls Kristy Dunn <i>U14boys@ayso-cr.org</i>	



Local AYSO Board



Regional Commissioner

Tom Buonadonna

commissioner@ayso-cr.org

Asst Regional Commissioner

Henk Rook

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Coach Administrator

Alan Tribble

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Asst Coach Administrator

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There's
Room
for
You
Too!

National Office

www.soccer.org

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Local Region

www.ayso-cr.org

(319) 377-1409



Latest Information

AYSO Section Meeting February 2008

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New Strategic Vision



- AYSO has a new strategic vision for the next 25 years
 - Available at: www.soccer.org
- New plan is driven by
 - Altered expectations
 - Privatization of sports: personal coaches, travel teams, ...
 - More and more capable competitors
 - Must continue to distinguish ourselves in the marketplace
 - Demand on families time is growing
 - Challenge to all volunteer organizations
 - Soccer market is maturing in the US
 - Number of children playing has leveled or declined



Elements of New Plan



- Philosophies
 - Reaffirm the commitment to
 - Open Registration, Everybody Plays, Balanced Teams, Good Sportsmanship, Positive Coaching
 - Adding a 6th Philosophy
 - Player Development
- Programs
 - Extended Play
 - AYSO Soccer Academies
 - Adult Play
 - National Events



A Reminder



- Practice
 - What your players do on their own.
 - Dribbling
 - Shooting
 - Trapping
 - Etc.
- Training
 - What your players do with other teammates.
 - Passing / Receiving
 - 1 v 1 skills
 - 3 v 3 skills
 - Etc.



A Quiz



- **Attacking Objectives**

- **Defending Objectives**

- **Attacking Principles**

- **Defending Principles**



U06 & U08 Lessons Learned



- U06 Play 3 v. 3
 - Size 3 Ball
 - Four 5 minute quarters
 - No Keepers
- Fouls & Misconduct
 - All kicks are DIRECT with opponents 5 yards back
 - No offside
 - No penalty kicks
 - No heading
 - Award Direct Kick to Opposing Team
- U08 Play 5 v. 5
 - Size 3 Ball
 - Four 10 minute quarters
 - No Keepers
- Fouls & Misconduct
 - All kicks are DIRECT with opponents 6 yards back
 - No offside
 - Discourage cherry picking
 - No penalty kicks
 - No heading
 - Award Direct Kick to Opposing Team



U10 & U12

Lessons Learned



- U10 Play 7 v. 7
 - Size 4 Ball
 - Four 12.5 minute quarters
- Fouls & Misconduct
 - No change from regular play
 - All FIFA Laws Apply
 - Offside is called
 - Penalty kicks may be awarded
 - No heading
 - Award INDIRECT Kick to Opposing Team
- U12 Play 9 v. 9
 - Size 4 Ball
 - Four 15 minute quarters
- Fouls & Misconduct
 - No change from regular play
 - All FIFA Laws Apply
 - Offside is called
 - Penalty kicks may be awarded
 - Heading is allowed



U14 & U16-19 Lessons Learned



- U14
- Play 11 v. 11
 - Size 5 Ball
 - Four 17.5 minute quarters
- U16/19 Co-Ed
- Play 11 v. 11
 - Size 5 Ball
 - Four 20 minute quarters

All FIFA Laws Apply



Other Opportunities

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AYSO Trophies/Medals



- Your team may order AYSO trophies or medallions if they choose to do so
 - This is optional and is not covered in the registration fee
 - Please DO NOT distribute them out at Tuma as not every team will get them
- Check the AYSO Store at www.soccer.org for a complete listing of AYSO equipment available



Regional Playoff



- We will host a regional playoff for U10, U12, and U14 divisions on June 7th.
 - Games may take place on Friday, Saturday, and Sunday
 - All U08 – U14 teams will be automatically entered
 - If your team DOES NOT wish to participate let us know and we will arrange for one final regular season game on those dates, or
 - If you cannot field a full team, but have players that would like to participate, please notify the coach administrator.
 - Each team will be guaranteed a minimum of 3 games
- U06 & U08 games will continue as planned
- U16/19 games will be moved to Sunday afternoon and ALL older players are urged to volunteer to help with the playoff on Saturday.



AYSO Tournaments



- Area Tournament
 - TBD
- Section Tournament
 - TBD
- National Games
 - July 6 – 13, 2008
 - Honolulu, HI
 - Team Selection Closed
 - Next National Games will be in 2010. We must apply for the lottery by May of 2009!



AYSO Soccer Camps



- Our region will host an AYSO soccer camp this summer
 - June 23rd – 27th at Tuma
- This camp is open to non-AYSO players as well
- Please help publicize this camp to your team



Changes for the Spring



- U06, U08, U10 Teams will be scheduled against teams with similar records
 - 11 teams were undefeated
 - 10 teams were winless



Changes for Next Year On the Field



- U06
 - Split into separate U05 and U06 Program
- U08, U10, U12, U14
 - No changes anticipated
- U16/19 Co-Ed Division
 - No changes anticipated
 - Note that this division is run more loosely than the others in a “soccerfest” format. We have enough players for four teams, but often randomly split into evenly matched groups to play pick up games on Saturdays.



U05 and U06



- U05 Program
 - Drops minimum age requirement from 4 ½ years down to 4 years (age determined on August 1st)
 - No practices
 - Games require one adult supervisor (parent) be matched with every player
 - Advanced Coach organizes short practice of basic skills, then players organize into groups of 4 and play a 20 minute, 3 v 3 game
- U06 Program
 - No change, but would include only 5 year olds.



To Reiterate



- Roster Size
 - We strongly avoid exceeding the maximum roster size recommended by AYSO
 - U06 plays 3 v 3 with 5 players maximum per team, etc.
- Coach Selection
 - If we do not get volunteers for the 288 coaches we need every year we will invite those players / parents who we cannot get on a team to a training session
 - We will run a training session for each group and show parents how to do it
 - At the end of the session if parents volunteer to coach we'll form teams. If they don't volunteer players will go on a waiting list.



Call for Volunteers



- We appreciate your efforts as coach, but you are our best voice to the parents. Please let them know that we need to fill the following positions:
 - Division Coordinator(s)
 - Auditor
 - Secretary
- As well as
 - Referee's, Coaches, Instructors, ...



Advance Planning Dates



- Fall 2008 Coaches Meeting
 - August 16
- Regional Coaching Clinics
 - Safe Haven: August 16
 - U06 (3 Hours): August 23
 - U08 (3 Hours): August 23
 - U10 (3 Hours): August 23
 - U12 (5 Hours): August 23
- Area Coaching Clinics
 - Intermediate (18 Hours)
 - TBD
 - Or USSF “E” License (18 Hours), in Cedar Rapids: March 28th – 30th
- Sectional Coaching Clinics
 - Advanced (18 Hours)
 - July 25th – 27th Chicago area
- National Coaching Clinics
 - National (56 Hours)
 - This course is offered in California and South Carolina.



Question & Answer

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As You Leave



- Pick Up
 - Uniform(s)
 - New Players Having Uniforms Will be Listed on Your Roster
 - If You Can't Find a Player's Uniform Let Us Know Before You Leave Today