

# Linn-Mar Ladies Soccer



For more information:

Please contact Clinic Registrars  
Kris Martins 361-3707 or  
kmartins@mshs.com

Linn-Mar Girls Soccer 2010					
Day	Date	Level	Opponent	Place	Time
Tuesday	April 6	V	Jamboree @ Kingston	T	3:30 PM
Thursday	April 8	V/JV	C.R. Prairie	H	4:15 PM
Tuesday	April 13	V/JV	Waterloo East	H	4:15 PM
Thursday	April 15	V/JV	C.R. Jefferson @ Lower Kingston	T	4:15 PM
Thursday	April 22	V/JV	Dubuque Hempstead	H	4:15 PM
Tuesday	April 27	JV/V	C.R. Washington @ Kingston	T	5:45 PM
Saturday	May 1	V/JV	Iowa City High @ Longfellow	T	8:00 AM
Saturday	May 1	V/JV	Iowa City West @ NW Jr. High	T	12:00 PM
Thursday	May 6	V/JV	C.R. Kennedy	H	4:15 PM
Friday	May 7	JV/V	Muscatine	T	5:00 PM
Tuesday	May 11	JV/V	Cedar Falls @ Cedar Valley Complex	T	5:00 PM
Saturday	May 15	V/JV	C.R. Xavier	H	8:00 AM
Saturday	May 15	V/JV	Waterloo West	H	12:00 PM
Thursday	May 20	V/JV	Dubuque Wahlert	T	4:15 PM
Friday	May 21	V	West Des Moines Valley Invite	T	5:30 PM
Saturday	May 22	V	West Des Moines Valley Invite	T	8:15 AM
Monday	May 24	V/JV	Dubuque Senior	H	4:15 PM
Thursday	May 27	V/JV	Beitendorf	T	4:30 PM
T,W,F,M	June 1,2,4	V	Regionals	TBA	TBA
Th-Sat	June 10-12	V	State	TBA	TBA

*In case of rain or wet fields, the clinic will move indoors. Please have tennis shoes available if needed*

# Linn-Mar Junior Lion Soccer Clinic Girls Grades 1st - 8th Saturday, April 3, 2010



Clinic Location:

Linn-Mar Excelsior Middle  
School Soccer Fields/Gyms

(Excelsior Middle School off 10th Street)

1:00PM – 3:00PM: **Skills Clinic**

3:30PM: **Linn-Mar Player**

**Introductions**

4:00 - 5:00pm: **Games**

All registrations must be received prior to  
**Friday March 12, 2010 to receive a clinic shirt**



# Linn-Mar Junior Lion Soccer Clinic

Saturday, April 3, 2010

Clinic Location:

Linn-Mar Excelsior Middle School

Soccer Fields/Gyms

1:00 - 5:30pm



*The Linn-Mar Girl's Junior Lion Soccer Clinic promises to be a great learning experience for all participants and one that we promise to be worth your time and money. The participants, girls in 1st - 8<sup>th</sup> grade, will be coached by Linn-Mar Head Coach Steve Dickinson along with Assistant Coaches Richard Appleby, Taylor Allen, Jazz Parlet and the Linn-Mar soccer players will be on hand, along with parent volunteers, to help maximize player skill development in a fun environment. Young athletes and their families will have the opportunity to learn from and meet our high school athletes. Soccer posters and season schedules will be available.*

## Clinic Activities

- Fundamental Skill Development
- Individual
- Team
- Games
- Friends
- Fun!

1 pm: **Registration**  
 1 - 3pm: **Small Group Skills Clinic**  
 3pm: **Snack Time**  
**Families Return**  
 3:30pm: **Introduction of Linn-Mar Varsity & JV Athletes**  
 4 -5pm: **Games**

**Cost: \$25.00 per athlete**

The soccer clinic features instruction and drill in the fundamentals of championship soccer. Our young soccer players will learn the basics of ball handling, dribbling, shooting, passing and defense from our high school athletes. All activities will be tailored to prepare each group for the fun 3v3 tournament that will conclude the day.

Each participant will receive a clinic t-shirt, clinic certificate, Linn-Mar soccer poster and snacks. T-shirts run small.

Late registrations will not be guaranteed a t-shirt

**All participants must bring their own soccer ball, water, & wear shin guards.**

## Camp Registration

Participant's Name: \_\_\_\_\_

Grade - Spring 2010: \_\_\_\_\_

School Attending: \_\_\_\_\_

Previous soccer experience in years: \_\_\_\_\_

**T-Shirt Size:** Youth: S M L Adult: S M L XL  
 (Shirts run small)

Legal Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email address : \_\_\_\_\_

I understand that personal medical insurance coverage for this camp is the obligation of each participant. I hereby authorize the instructors and coaches of the Junior Lion Soccer Clinic to act accordingly to their best judgment and provide medical attention to my daughter or ward in the event of minor injury or illness. I hereby release Linn-Mar High School and the volunteers of the Junior Lion Soccer Clinic from all claims resulting from injuries which may be sustained by my daughter or ward while attending the camp.

Parent or Guardian Signature \_\_\_\_\_

All registrations must be received prior to **Friday March 12, 2010 to receive T-shirt**

Checks should be made payable to:  
**Linn-Mar Ladies Soccer** and mailed to:  
 Linn-Mar Junior Lion Soccer Clinic  
 c/o Kris Martins  
 6967 Bowman Lane NE., Cedar Rapids, Ia  
 52402